

# 5-10K CLASSIC

## FRIDAY, MARCH 13TH

PRESENTED BY:

# The Swanson Family



### AUBURN SKI CLUB TRAINING CENTER

#### MARCH 7-14TH

Friday, March 13th

J2 Boys, J2-J1-OJ Girls, 5K, 1 x 5K **Green Course**

J1-OJ Boys, 2 x 5K, 10K **Green Course**

Warm-up, wax testing **Light Blue**

15 Second Interval Start

Course markers



5 km Classic

|                |       |                         |      |                |       |
|----------------|-------|-------------------------|------|----------------|-------|
| Course length: | 4921m | Height Difference (HD): | 68m  | Lowest point:  | 2135m |
|                |       | Maximum Climb (MC):     | 22m  | Highest point: | 2203m |
|                |       | Total Climb (TC):       | 104m |                |       |

